**Biographical Information Worksheet**

Complete this form and return to the Advising Center Office in Parker 106. Please include the final drafts of your personal statement and résumé.

Attach 2”x2” photo

Interview Date: __________

Academic Year: **2015-2016/ EY2017**

Primary Advisor: __________

Course of Study:  
- [ ] Pre-Dental  
- [ ] Pre-Medical  
- [ ] Pre-Optometry  
- [ ] Pre-Veterinarian

Name: ___________________________  
Student ID#: ______________________

Major(s): ___________________________  
Expected Graduation Date: ____

Best Contact Phone Number: ___________________________  
Best Contact Email Address: ___________________________

Best Contact Mail Address: ___________________________

Higher SAT Score: __________  
Total  
Math  
Verbal  
Composite

Please provide test score(s) and date(s). If pending, indicate anticipated date of exam.

<table>
<thead>
<tr>
<th></th>
<th>MCAT</th>
<th>DAT</th>
<th>OAT</th>
<th>GRE</th>
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<tbody>
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<td>Combined Score</td>
<td>Examination Date</td>
<td>Individual Subject Scores</td>
<td>Combined Score</td>
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<tr>
<td>Lamar GPA:</td>
<td>______</td>
<td>Transfer GPA:</td>
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<td>Lamar Quality Hours:</td>
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<td>Graduate GPA:</td>
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<td>Lamar Quality Hours:</td>
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</table>

Submit the completed forms to Parker 106 by Friday, February 26, 2016.

OFFICIAL USE ONLY

Lamar GPA: ______  
Lamar Quality Hours: ______  
Other Universities Attended: __________

Transfer GPA: ______  
Transfer Quality Hours: ______  
Math/Science GPA: ______  
Math/Science Quality Hours: ______  
Graduate GPA: ______  
Graduate Quality Hours: ______  

Attach 2”x2” photo
In order to select an interview time, students must submit this signed form to Parker 106.

STUDENTS: Be prepared to submit a draft of your personal statement and resume to your Pre-Professional faculty advisor. Please review the items detailed below or the pre-professional application packet for more information.

Your personal statement should be limited to a length of 1 ½ pages. Topics may include (but are not limited to) your motivation for a career in medicine, any significant hardship or adversity you have overcome, and/or experiences of other cultures.

Your résumé should be no more than 2 pages. Include work experience, academic awards, volunteer/internship/shadowing experiences, and foreign language competency.

FACULTY: Please review the pre-requisites outlined by TMDSAS. Courses should be completed prior to or during the semester a student meets with the Pre-Professional Committee.

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<thead>
<tr>
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<th>General Chemistry</th>
<th>Organic Chemistry</th>
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<td>BIO 4470 or CHEM 4411</td>
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<td>ENGL 1301</td>
<td>ENGL 1302</td>
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<td>MATH 2376</td>
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<td>CHEM 3411</td>
<td>CHEM 4411</td>
</tr>
</tbody>
</table>

Faculty Advisor: ____________________________________________ Date: ______________

Signature: __________________________________________ Date: ______________

Please bring this signed form back to the College of Arts and Sciences Advising Center located at Parker 106 by Friday, February 12 to sign up for an interview time.
**Interview Steps**

**Step 1** Begin writing your personal statement and résumé. A draft copy must be submitted to your faculty advisor as part of your *Authorization for Committee Letter.*

- The personal statement should be no more than a 1 ½ pages long (for more information, review the application guidelines set by TMDSAS at 62 lines at 80 characters per line). Issues to address in the personal statement may include, but are not limited to, the following:
  1. Motivation for medicine as a career;
  2. Significant research experience;
  3. Circumstances indicative of some hardship or adversity;
  4. Socioeconomic background;
  5. First generation to attend or graduate from a university; and/or
  6. Experience of other cultures and the human condition.
- The résumé should be no more than a 2 page maximum. Information should include: Work experience; academic awards; community service; internships/shadowing experience; foreign language competency.

**Step 2** Make an appointment to meet with your pre-professional faculty member. He/She will review your academic progress and determine if you are at the point to meet with the Committee. If you’re ready, your advisor will sign the *Authorization* (Step 1 of 2).

**Step 3** Return the **signed** Authorization to Parker 106 no later than February 12, 2016 to sign up for an interview time. Delay in returning the signed Authorization form may jeopardize a convenient interview time. Committee interviews are scheduled for Friday, March 4, April 1, April 8, and April 22.

**Step 4** Keep in contact with your faculty advisor as often as necessary to improve your personal statement and résumé.

**Step 5** Submit the final draft of your personal statement, résumé, and *Biographical Information Worksheet* (Step 2 of 2) to Parker 106 for distribution to Committee members. These documents **must be submitted to the Advising Center Office by Friday, February 26, 2016.** Please note the *Information Worksheet* requires a 2” x 2” passport-type photograph.

**Step 6** Begin to review the websites listed on the *Recommended Pre-Professional Websites* document. The list provides a starting point for your familiarity with professional exams and application services.

**Step 7** At this point, spend some time preparing for the Committee interview. Consider reading reputable newspapers to find out about current national and international events. You may also want to check out some of the *Opposing Viewpoints* series at the library and read about issues of concern to healthcare professionals. Also, review the handout of *Pre-Professional Interview Do’s and Don’ts* attached to this packet. Finally, dress professionally and come in about 15 minutes early to your interview.

**Step 8** After the interview, send a thank you note to your primary advisor. Remember, he/she will be writing your recommendation on behalf of the Committee.

**Step 9** Keep up with your advisor and let him/her know of any change in your circumstances that may affect your application. You may also want to check if with your faculty advisor has finished your letter and sent it off through the Committee for review. Once your letter has been approved, the Advising Center staff can send the letter to the schools or application service of your choosing.

**Step 10** Apply early. Your best chances of acceptance lie in submitting your application as early as possible. If you’re planning to apply to Texas public medical, dental or veterinary schools, TMDSAS accepts applications beginning May 1 through October 1. If you’re planning to apply to schools outside the state of Texas, then please review the attached handout on *Recommended Pre-Professional Websites* for more information.
Entry examination: MCAT- Medical College Admission Test
- [http://www.aamc.org/students/mcat/](http://www.aamc.org/students/mcat/)
- The MCAT is offered several times during the year. Consider taking as many practice exams as practical until you feel comfortable with the question type and the length of the exam. There are several places that offer test preparation courses including, Kaplan, Princeton Review and ExamKrackers. If you decide to study on your own, use retired MCAT exams issued by the AAMC (Association of American Medical Colleges).

TMDSAS – Texas Medical and Dental School Application Service
- [http://www.utsystem.edu/tmdsas/](http://www.utsystem.edu/tmdsas/)
- Centralized application service for those applying to Texas medical schools.

AACOMAS – American Association of Colleges of Osteopathic Medicine Application Service
- [http://www.aacom.org](http://www.aacom.org)
- Centralized application service for those interested in pursuing osteopathic medicine (DO).

AMCAS – American Medical College Application Service
- [http://www.aamc.org/students/amcas/](http://www.aamc.org/students/amcas/)
- For those interested in pursuing allopathic medicine (MD). Baylor College of Medicine uses this centralized application service.

Aspiring Docs
- [http://www.aspiringdocs.org](http://www.aspiringdocs.org)
- Good information about applying and financing medical school and the MCAT.

Post-baccalaureate students or Non-traditional pre-med students
- [http://oldpremeds.org/](http://oldpremeds.org/)
- Provides advice and support for non-traditional students who are applying to medical school. You can also read the online diaries of students that successfully navigated the admissions process and are in various stages of completing their MD/DO.
Entry examination: GRE – General Record Examination
- [www.ets.org/gre/](http://www.ets.org/gre/)
- The test is scheduled on a first-come, first serve basis. You can schedule a time for the exam at your convenience. The test covers verbal reasoning, quantitative reasoning, critical thinking, and analytical writing skills. Unlike the DAT, OAT, and the MCAT, you are not tested on biology, chemistry or physics.

TMDSAS – Texas Medical and Dental School Application Service
- [http://www.utsystem.edu/tmdsas/](http://www.utsystem.edu/tmdsas/)
- Application service for Texas A&M College of Veterinary Medicine.

VMCAS – Veterinary Medical College Application Service
- [https://www.vmcas.org/](https://www.vmcas.org/)
- Centralized application service for those applying to schools outside the state of Texas.

Entry examination: OAT – Optometry Admission Test
- [http://www.opted.org](http://www.opted.org)
- Before you schedule a time to take the OAT, you must first submit an electronic application with the Optometry Admission Test Program. The OAT Program will then send an eligibility letter with an assigned eligibility identification number that will serve as an authorization to schedule the exam at a Prometric Testing Center.

Prometric Testing Center
- [http://www.prometric.com/OAT/default.htm](http://www.prometric.com/OAT/default.htm)
- Follow the links to locate a testing center and/or schedule an exam.

There is no centralized application service. Applicants must obtain an application for admission through individual schools.
- University of Houston College of Optometry
  - [http://www.opt.uh.edu/academics/od/](http://www.opt.uh.edu/academics/od/)
- University of the Incarnate Word School of Optometry
  - New school – first entering class for UIW may be for Fall 2009.
  - [http://www.uiw.edu/optometry/index.htm](http://www.uiw.edu/optometry/index.htm)
Entry examination: DAT – Dental Admission Test
- [http://www.ada.org/prof/ed/testing/dat/](http://www.ada.org/prof/ed/testing/dat/)
- Before you schedule a time to take the DAT, you must first submit an electronic application with the American Dental Association (ADA). The ADA will send an eligibility letter with an assigned eligibility number that will serve as an authorization to schedule the exam at a Prometric Testing Center.

Prometric Testing Center
- [http://www.prometric.com/ADA/default.htm](http://www.prometric.com/ADA/default.htm)
- Follow the links to locate a testing center and/or schedule an exam.

TMDSAS – Texas Medical and Dental School Application Service
- [http://www.utsystem.edu/tmdsas/](http://www.utsystem.edu/tmdsas/)
- Centralized application service for those applying to Texas dental schools.

AADSAS – Associated American Dental Schools Application Service
- [https://portal.aadsasweb.org/](https://portal.aadsasweb.org/)
- Centralized application service for those applying to schools out-of-state.

Entry examination: MCAT, but some schools will accept scores from the GRE and/or DAT
- [http://www.aamc.org/students/mcat/](http://www.aamc.org/students/mcat/)
  - Please read the review listed previously about the MCAT
- [http://www.ada.org/prof/ed/testing/dat/](http://www.ada.org/prof/ed/testing/dat/)
  - Please read the review listed previously about the DAT.
- [www.ets.org/gre/](http://www.ets.org/gre/)
  - Please read the review listed previously about the GRE.

AACPMA - American Association of Colleges of Podiatric Medicine Application Service
- [http://www.aacpm.org/default.asp](http://www.aacpm.org/default.asp)
- This is the centralized application service used by all 8 podiatric schools. Schools are located in Arizona, California, Florida, Illinois, Iowa, New York, Ohio, and Pennsylvania.
RECOMMENDED PRE-PROFESSIONAL WEBSITES

Kaplan
- Exam reviews for the MCAT, PCAT, GRE, and DAT.
- Reviews also for the GMAT, LSAT, and MAT.
- Classes offered at Lamar, online and through private tutoring sessions.

Princeton Review
- Exam reviews for the MCAT and GRE.
- Reviews also for the GMAT and LSAT.
- Classes offered online and through private tutoring sessions.

ExamKrackers
- The newest exam review company on the market.
- Exam reviews for the MCAT.
- Reviews also for the LSAT.
- Classes offered online and at sites throughout Texas
- ExamKrackers also provides schedules for individual Home Study sessions.